

**Alexander Falconbridge,
“An Account of the Slave Trade on the Coast of Africa” (1788)**

The British medical doctor Alexander Falconbridge served as a ship's surgeon on four slave trade voyages between 1780 and 1787 before rejecting the slave trade and becoming an abolitionist. He wrote An Account of the Slave Trade on the Coast of Africa in 1788, after his conversion.

From the time of the arrival of the ships to their departure, which is usually near three months, scarce a day passes without some negroes being purchased, and carried on board; sometimes in small, and sometimes in larger numbers. The whole number taken on board, depends, in a great measure, on circumstances. In a voyage I once made, our stock of merchandize was exhausted in the purchase of about 380 negroes, which was expected to have procured 500. The number of English and French ships then at Bonny, had so far raised the price of negroes, as to occasion this difference. . .

. . . I was once upon the coast of Angola, also, when there had not been a slave ship at the river Ambris for five years previous to our arrival, although a place to which many usually resort every year. The failure of the trade for that period, as far as we could learn, had no other effect than to restore peace and confidence among the natives, which, upon the arrival of ships, is immediately destroyed by the inducement then held forth in the purchase of slaves. . . .

. . . Previous to my being in this employ I entertained a belief, as many others have done, that the kings and principal men bred Negroes for sale as we do cattle. During the different times I was in the country, I took no little pains to satisfy myself in this particular; but notwithstanding I made many inquires, I was not able to obtain the least intelligence of this being the case. . . . All the information I could procure confirms me in the belief that to kidnapping, and to crimes (and many of these fabricated as a pretext) the slave trade owes its chief support. . . .

. . . When the Negroes, whom the black traders have to dispose of [sell], are shown to the European purchasers, they first examine them relative to their age. They then minutely inspect their persons and inquire into the state of their health; if they are afflicted with any disease or are deformed or have bad eyes or teeth; if they are lame or weak in the joints or distorted in the back or of a slender make or narrow in the chest; in short, if they have been ill or are afflicted in any manner so as to render them incapable of much labor. If any of the foregoing defects are discovered in them they are rejected. But if approved of, they are generally taken on board the ship the same evening. The purchaser has liberty to return on the following morning, but not afterwards, such as upon re-examination are found exceptionable.

The traders frequently beat those Negroes which are objected to by the captains and use them with great severity. It matters not whether they are refused on account of

age, illness, deformity or for any other reason. At New Calabar, in particular, the traders have frequently been known to put them to death. Instances have happened at that place, when Negroes have been objected to, that the traders have dropped their canoes under the stern of the vessel and instantly beheaded them in sight of the captain. . . .

. . . Nor do these unhappy beings, after they become the property of the Europeans (from whom, as a more civilized people, more humanity might naturally be expected), find their situation in the least amended. Their treatment is no less rigorous. The men Negroes, on being brought aboard the ship, are immediately fastened together, two and two, by handcuffs on their wrists and by irons rivetted on their legs. They are then sent down between the decks and placed in an apartment partitioned off for that purpose. The women also are placed in a separate apartment between decks, but without being ironed. An adjoining room on the same deck is appointed for the boys. Thus they are all placed in different apartments.

But at the same time, however, they are frequently stowed so close, as to admit of no other position than lying on their sides. Nor will the height between decks, unless directly under the grating, permit the indulgence of an erect posture; especially where there are platforms, which is generally the case. These platforms are a kind of shelf, about eight or nine feet in breadth, extending from the side of the ship toward the centre. They are placed nearly midway between the decks, at the distance of two or three feet from each deck, Upon these the Negroes are stowed in the same manner as they are on the deck underneath.

In each of the apartments are placed three or four large buckets, of a conical form, nearly two feet in diameter at the bottom and only one foot at the top and in depth of about twenty-eight inches, to which, when necessary, the Negroes have recourse. It often happens that those who are placed at a distance from the buckets, in endeavoring to get to them, rumble over their companions, in consequence of their being shackled. These accidents, although unavoidable, are productive of continual quarrels in which some of them are always bruised. In this distressed situation, unable to proceed and prevented from getting to the tubs, they desist from the attempt; and as the necessities of nature are not to be resisted, ease themselves as they lie. This becomes a fresh source of boils and disturbances and tends to render the condition of the poor captive wretches still more uncomfortable. The nuisance arising from these circumstances is not infrequently increased by the tubs being much too small for the purpose intended and their being usually emptied but once every day. The rule for doing so, however, varies in different ships according to the attention paid to the health and convenience of the slaves by the captain....

...The diet of the Negroes while on board, consists chiefly of horse beans boiled to the consistency of a pulp; of boiled yams and rice and sometimes a small quantity of beef or pork. The latter are frequently taken from the provisions laid in for the sailors. They sometimes make use of a sauce composed of palm-oil mixed with flour, water

and pepper, which the sailors call slabber-sauce. Yams are the favorite food of the Eboe or Bight Negroes, and rice or corn of those from the Gold or Windward Coast; each preferring the produce of their native soil....

...Upon the Negroes refusing to take sustenance, I have seen coals of fire, glowing hot, put on a shovel and placed so near their lips as to scorch and burn them. And this has been accompanied with threats of forcing them to swallow the coals if they any longer persisted in refusing to eat. These means have generally had the desired effect. I have also been credibly informed that a certain captain in the slave-trade, poured melted lead on such of his Negroes as obstinately refused their food....

...The hardships and inconveniences suffered by the Negroes during the passage are scarcely to be enumerated or conceived. They are far more violently affected by seasickness than Europeans. It frequently terminates in death, especially among the women. But the exclusion of fresh air is among the most intolerable. For the purpose of admitting this needful refreshment, most of the ships in the slave trade are provided, between the decks, with five or six air-ports on each side of the ship, of about five inches in length and four in breadth. In addition, some ships, but not one in twenty, have what they denominate wind-sails. But whenever the sea is rough. and the rain heavy it becomes necessary to shut these and every other conveyance by which the air is admitted. The fresh air being thus excluded, the Negroes' rooms soon grow intolerable hot. The confined air, rendered noxious by the effluvia exhaled from their bodies and being repeatedly breathed, soon produces fevers and fluxes which generally carries off great numbers of them.

During the voyages I made, I was frequently witness to the fatal effects of this exclusion of fresh air. I will give one instance, as it serves to convey some idea, though a very faint one, of their terrible sufferings.... Some wet and blowing weather having occasioned the port-holes to be shut and the grating to be covered, fluxes and fevers among the Negroes ensued. While they were in this situation, I frequently went down among them till at length their room became so extremely hot as to be only bearable for a very short time. But the excessive heat was not the only thing that rendered their situation intolerable. The deck, that is the floor of their rooms, was so covered with the blood and mucus which had proceeded from them in consequence of the flux, that it resembled a slaughter-house. It is not in the power of the human imagination to picture a situation more dreadful or disgusting. Numbers of the slaves having fainted, they were carried upon deck where several of them died and the rest with great difficulty were restored. It had nearly proved fatal to me also. The climate was too warm to admit the wearing of any clothing but a shirt and that I had pulled off before I went down.... In a quarter of an hour I was so overcome with the heat, stench and foul air that I nearly fainted, and it was only with assistance I could get back on deck. The consequence was that I soon after fell sick of the same disorder from which I did not recover for several months...

...This devastation, great as it was, some years, ago was greatly exceeded by a Liverpool ship . . . This ship, though a much smaller ship than in which I have just mentioned, took on board at Bonny at least six hundred Negroes . . . By purchasing so great a number, the slaves were so crowded that they were obliged to lie one upon another. This caused such a mortality among them that without meeting with unusually bad weather or having a longer voyage than common, nearly one half of them died before the ship arrived in the West Indies....

...The place allotted for the sick Negroes is under the half deck, where they lie on the bare planks. By this means those who are emaciated frequently have their skin and even their flesh entirely rubbed off, by the motion of the ship, from the prominent parts of the shoulders, elbows and hips so as to render the bones quite bare.

And some of them, by constantly lying in the blood and mucus that had flowed from those afflicted with the flux and which is generally so violent as to prevent their being kept clean, having their flesh much sooner rubbed off than those who have only to contend with the mere friction of the ship. The excruciating pain which the poor sufferers feel from being obliged to continue in such a dreadful situation, frequently for several weeks, in case they happen to live so long, is not to be conceived or described. Few, indeed, are able to withstand the fatal effects of it. The utmost skill of the surgeon is here ineffectual. If plasters are applied they are very soon displaced by the friction of the ship, and when bandages are used the Negroes soon take them off and appropriate them to other purposes....

...As very few of the Negroes can so far brook the loss of their liberty and the hardships they endure, they are ever on the watch to take advantage of the least negligence in their oppressors. Insurrections are frequently the consequence; which are seldom expressed without much bloodshed. Sometimes these are successful and the whole ship's company is cut off. They are likewise always ready to seize every opportunity for committing some acts of desperation to free themselves from their miserable state and notwithstanding the restraints which are laid, they often succeed....

...The mode of selling them by scramble having fallen under my observation the oftenest, I shall be more particular in describing it. Being some years ago, at one of the islands in the West Indies, I was witness to a sale by scramble, where about 250 Negroes were sold. Upon this occasion all the Negroes scrambled for bear an equal price; which is agreed upon between the captains and the purchasers before the sale begins. On a day appointed, the Negroes were landed and placed together in a large yard belonging to the merchants to whom the ship was consigned. As soon as the hour agreed on arrived, the doors of the yard were suddenly thrown open and in rushed a considerable number of purchasers, with all the ferocity of brutes. Some instantly seized such of the Negroes as they could conveniently lay hold of with their hands. Others being prepared with several handkerchiefs tied together, encircled as many as they were able. While others, by means of a rope, effected the same purpose. It is

scarcely possible to describe the confusion of which this mode of selling is productive....

...Various deceptions at used in the disposal of sick slaves and many of these must excite in every humane mind the liveliest sensations of horror. I have been well informed that a Liverpool captain boasted of his having cheated some Jews by the following stratagem. A lot of slaves afflicted with the flux, being about to be landed for sale, he directed the ship's surgeons to stop the anus of each of them with oakum. Thus prepared they were landed and taken to the accustomed place of sale, where, being unable to stand but for a very short time they were usually permitted to sit. The buyers, when they examine them, oblige them to stand up in order to see if there be any discharge; and when they do not perceive this appearance they consider it as a symptom of recovery. In the present instance, such an appearance being prevented, the bargain was struck and the slaves were accordingly sold. But it was not long before discovery ensued. The excruciating pain which the prevention of a discharge of such an acrimonious nature occasioned, not being able to be borne by the poor wretches, the temporary obstruction was removed and the deluded purchasers were speedily convinced of the imposition.